

## Dare To Downsize, by Randy Veraguas

*Tiny monthly articles regarding a move to a smaller place; written to help motivate, educate or simply entertain.*

### **Dare to Start: January 2017**

Happy New Year! This is the first of hopefully many “little” articles on the subject of downsizing. Now I know many of you readers out there are already saying, “Oh that’s a dirty word.” I beg to differ. I find it right and light. In my years of experience downsizing personally and years of hearing other people’s stories of downsizing the main thing I felt and the main theme I hear repeatedly is this, “I wish I had done it sooner!” So to me, downsizing isn’t a dirty word or something to fear, or something to be ashamed about, but rather it is the right choice for many folks because when they do it...they feel right and light!

I am simply daring you to start.

Ok ok, so you’re not ready. That’s fine. Downsizing isn’t for everybody. But each month I’ll be writing little tidbits of downsizing tips and best practices and if you’re considering it for down the road, what better month to start than January!

Try to start downsizing. That’s right, you don’t have to finish; there’s no deadline. There’ll be no walls of boxes falling on you, no tape to unpeel or bubble wrap to buy. It’s ok to start something even if you don’t know when or if you’ll ever be finished. Simply take one room at a time and ask yourself some questions:

1. Have I used this in the last two years?
2. Do I have any future need for this? ...answer honestly! ;)
3. Could I get rid of it and borrow somebody else’s if I ever needed one again?
4. Does it have any significance in my life?

Starting to get rid of things you don’t use will give you more space. How’s that for something to ponder...downsizing can give you more. ☺ So go ahead; I dare you to start.

*Words: 309*

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